

COMMUNITY ACTION VOICE



A Quarterly Publication of the Community Action Partnership of San Bernardino County

Community Spotlight

Building Assets for Low-Income Residents of San Bernardino County

If Income allows people to live in the present, then assets allow them to shape their futures. It connects them to the economy, raises their economic expectations, gives them a reason to imagine and plan for a better economic future, and motivates and hones their skills. In the end, assets allow people to invest in themselves and their children.

With this in mind Community Action Partnership of San Bernardino County (CAPSBC) partnered with Community Action Partnership of Riverside County (CAPRC) in the Inland Empire Individual Development Accounts (IEIDA) program, a concept that stresses asset accumulation as a method

for low to moderate-income people to achieve self-sufficiency.

Individual Development Accounts are dedicated savings that allow low-income workers to save earnings and acquire assets as a way out of poverty. IEIDA will allow participants to deposit money monthly into a special savings account in order to work toward the purchase of a productive asset—a home, a small business or post-secondary

education. Program participants' savings deposits will be matched 2:1 in order to make one of these assets a realistic goal for low and moderate-income families of San Bernardino County who are willing

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Participants of the IEIDA Program attending a workshop

Children Learn History During Field Trip

By Michael Bautista, Family Development Specialist

For the last 13 years, Community Action Partnership of San Bernardino County has sponsored an annual Learning Excursion Field Trip for low-income and homeless children within San Bernardino County. The field trips allow children to visit and participate in educational events and destinations they would not otherwise be able to see on their own. The educational trips help expand their knowledge and motivate their interests in things and events around them. A total of eleven very eager

and excited children as well as two parent chaperones, participated in a guided tour of the Museum of Tolerance in Los Angeles on August 20, 2004. The children learned about the historical events that lead to the beginning of World War II, the Holocaust, the civil rights movement in the United States and contemporary global genocides. The museum uses an inter-

active approach in teaching children about historical events and contempo-

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Children on the bus to the Museum of Tolerance

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CAPSBC Programs and Services:

Administration (909) 891-3863

Family Development Program (FDP) (909) 891-3950

Food Stamp Employment & Training (FSET) (909) 891-3765

CAPSBC Food Bank (909) 386-5011

Weatherization/Energy Conservation (909) 885-1219

Nutrition for Seniors (NFS) (909) 891-3936



Community Action Partnership of San Bernardino County

Assisting low-income residents of San Bernardino County to achieve economic self-sufficiency



Message from the Director

"IDA will assist low-income residents increase their personal economic assets and reduce poverty."

-Patricia L. Nickols



Community Action Partnership of San Bernardino County believes that in order to combat poverty, we need to develop a new and innovative approach that focuses not just on meeting the most immediate needs of low income families, but also on the long-term benefits of helping working poor families acquire a modest but decisive stake in their communities.

That belief resulted in the Community Action Partnership of San Bernardino and Riverside Counties joining forces to develop and implement the Inland Empire Individual Development Account (IEIDA), a high impact program which will assist low-income residents increase their personal economic assets and reduce poverty. Individual Development Accounts are matched savings that allow low-income workers to save earnings and acquire assets as a way out of poverty. IEIDA will allow participants to deposit \$25 a month into a special savings account, in order to work toward the purchase of a productive asset-- a home, a small business or post-secondary education. Each participant savings will be matched 2:1.

CAPSBC has established partnerships with Washington Mutual, Citibank, Catholic Charities, Jobs and Employment Services Department, Inland Women's Business Center, Springboard Consumer Credit Counseling, Neighborhood Housing Services of the Inland Empire and Ecclesia Christian Fellowship. Orientation workshops are conducted regularly to create awareness of the program. To date, about 15 applicants have passed the eligibility requirements and will be presented to the Selection Committee for review and to make final decision on who will be accepted into program.

Another CAPSBC project that we are looking forward to its completion is our Strategic Planning Process. I would like to thank all the staff who participated in the Strategic Mapping exercise and provided us with valuable input. This exercise ensures the maximum involvement by staff on all levels of the organization.

The Strategic Planning retreat scheduled on November 4-5, 2004 will bring together the CAPSBC Board, management and selected staff to review our vision and mission, review existing programs, identify our strategic priorities and develop short and long-term goals to achieve our mission.

For the last eight months, we have been gathering information from our staff, partners, funders and the community in general. I am confident that the outcome of the Strategic Planning process will help us focus our energy and resources towards attaining our goal of assisting our clients to self-sufficiency. ♥

Message from the Board Chair



"I believe that San Bernardino is on the road to economic growth and prosperity."

-Michael J. Gallo

Recent figures have shown that the Inland Empire has experienced the sharpest job growth in Southern California. In San Bernardino County, unemployment has dropped from 6.8 percent in July to 5.3 percent in August. In addition, most of the blue-collar jobs are continuing to grow, particularly in construction, manufacturing warehousing and jobs relating to transportation.

Key to the sustainment of this growth is to ensure that we are building a well-prepared and ready workforce that can support the thriving businesses locating in San Bernardino County. We can maximize our effectiveness by coupling our education system - high schools, universities, community colleges, vocational and adult schools, both public and private - with our economic development efforts on the one hand and our workforce investment system on the other. We can focus our economic development activities on the attraction, retention and growth of those businesses that help build our regional capabilities within those industry clusters where we have demonstrated success. We must also work to assist our education system to create a curriculum that is relevant to business needs. As a well integrated system, then, we must collectively ensure that good jobs and career opportunities are available and that we have built a qualified workforce to locally fill these needs in order to improve the quality of life for all in San Bernardino County.

The San Bernardino County Workforce Investment Board (WIB), Jobs and Employment Services Department (JESD), the Alliance for Education and many other organizations are working together to create a workforce with a competitive advantage. Your Community Action Partnership of San Bernardino County (CAPSBC) is a key partner of the WIB and plays an important role in providing job skills training to food stamp recipients. In 1997, CAPSBC implemented the Food Stamp Employment and Training (FSET) program that has grown over the years to provide training and work experience to over 900 able-bodied adults, with and without dependents, that has assisted them in securing employment in 2003.

As Chairman of the Workforce Investment Board, I believe that San Bernardino is on the road to economic growth and prosperity. The question is are we ready for this growth? I believe that we must create an environment to manage this growth as well as opportunity for those who live here to work here and for all of our residents to achieve career advancement and experience the quality of life they desire. ♥

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Agency Highlights

CAPSBC Attends 2004 National Convention and Poverty Rally

By Sandra Brown, Planner



CAPSBC staff with CAP President Derrick Span

Thousands of Community Action advocates from all across America gathered for a National Rally on the ellipse in Washington, DC to voice their concerns and support for the "War on Poverty." The rally, held on September 4, 2004, was the initial effort for Community Action President (CAP), Derrick L. Span, to outline his agenda for a future White House Conference on American Poverty. Other significant issues such as improved housing, health care and education were also addressed. Advocates rallied loud and clear within a sea full of posters, colorful tee shirts, and people charged to inform the White House that there is "No Room for Poverty In America." CAPSBC supported the "No Room for Poverty" Rally by organizing efforts that included a committee representative of community organizations and staff to raise funds to send low-income participants to the Poverty Rally. The fundraiser, a bowl-a-thon sponsored on July 31, 2004 at Del Rosa Lanes was a huge success raising over \$4500. CAPSBC received tremendous support from numerous organizations and businesses including: Refrigerant Exchange Corporation, New Hope Village, Knotts Group Home, San Manuel Mission Band of Indians, Langlois Frozen Foods, Church of Christ of Pomona, Operation Grace, and the Inland Empire Community Health Center. The funds were used to pay for travel and hotel expenses for three of our low-income participants from CAPSBC. Speakers at the rally included CAP President Derrick Span, Sarah Greene of the National Head Start Association, Brad Paul of the National Policy and Advocacy Council on Homelessness, Wade Henderson of the Leadership Conference on Civil Rights, Paul Sherry of the National Council of Churches, and California Senator Richard Alarcon. In addition to the Poverty Rally, eight CAPSBC staff and a Board member attended the Annual Community Action Partnership three-day Conference. The conference lined-up several workshops on various CAP programs, innovative ideas, best practices in Community Action, and vital information on the future direction of Community Action Agencies. ♥



CAPSBC at No Room for Poverty Rally..



Thousands of Community Action advocates rallying against poverty.

CAPSBC Executive Director Given Two Recognitions

By Rowena Concepcion, Program Specialist I



Ms. Nickols with CAPSBC Board Members and Staff

The Staff of Community Action Partnership of San Bernardino County has two reasons to be beaming with pride. First, their Executive Director, Patricia L. Nickols, received the 2004 Inland Empire Leaders of Distinction Lifetime Achievement Award at a luncheon and award ceremony held on July 31, 2004 at the Riverside Convention Center. The Leaders of Distinction is one of the most prestigious awards in the region. Awards are given in six categories: Lifetime Achievement, Leadership (private, public and nonprofit), Innovation/Pioneer and Humanitarian. Second, on September 24, 2004, Ms. Nickols was awarded the Black Rose Award for Community Service, for her Dedicated service to the community. Now on its 14th year, the Black Rose Awards are presented for service to the black community and the honorees are chosen for

their achievements in the community, of giving themselves unconditionally and not for self-gratification.

Patricia L. Nickols began her service to the community thirty years ago by joining CAPSBC (formerly known as Community Services Department). Ms. Nickols was instrumental in the development of new programs, funding sources, policies, staffing and other changes affecting the organization's service to the community. In May 1992, she became the agency's twelfth executive Director. "I am humbled by these awards and share these recognitions with the Board of Directors and all of our staff", said Patricia L. Nickols. " Their Dedication and commitment to excellence has helped us to provide unparalleled service to the people we serve." ♥



Board Member Michael J. Gallo and Patricia Nickols

Program Services Updates

Another Year for Nutrition for Seniors/Meals on Wheels Program

By Phyllis Muniz, Program Assistant

On September 21, 2004, the Board of Supervisors approved Department of Aging and Adult Services' (DAAS) Contract to provide senior nutrition services to eligible individuals residing San Bernardino County. The purpose of the Nutrition for Seniors Program (NFS) is to provide nutrition services and assist older individuals to live independently, by promoting better health through improved nutrition, and to reduce isolation. Total award for FY 2004/2005 is \$1,104,948. This means that the Community Action Partnership for San Bernardino County's (CAPSBC) NFS Program will continue its operation for another year that will benefit seniors 60 years of age or older and their spouses of any age to receive nutritious meals, nutrition education and nu-

trition counseling. As a DAAS Contractor, the NFS Program must adhere to several contractual requirements. This include a minimum of four (4) hours of training of all paid staff and volunteers annually, nutrition education must be provided quarterly to congregate and homebound participants, and serve and deliver the contracted amount of meals on a daily basis. The nutrition staff will also intensify their campaign to get more seniors to participate in the NFS program and provide various ways of expressing their opinions either by annual surveys or by filling out comment cards. The comment cards will be located at each site and will be collected every week. These surveys and comment cards are important tools that will assist and enlighten



Seniors enjoying a meal from NFS Program.

the NFS Program staff in improving the quality of meals served as well as all the other services being provided to the seniors. The Nutrition for Seniors Program provides approximately 103,461 congregate meals and 270,257 home delivered meals annually in various communities in the East Valley and Morongo Basin. ♥

Serving Seniors Through FSET

By Raymond Shaw, Employment Services Specialist, FSET

Many clients of Community Action Partnership of San Bernardino County's Food Stamp and Training (FSET) Program perform their community service hours at the various High Desert Meals On Wheels (HDMOW) kitchens. Lin Stanley, the program director for HDMOW, says that each month an average of 20 FSET clients perform their community service at one of their sites. At these sites the clients learn valuable skills they can use to find paid employment such as large scale cooking, serving and customer service. The HDMOW kitchens where they perform their community service have hired about 30 FSET clients through the years. One client that stands out is Lucretta Cubit who is now employed by the Victorville HDMOW. Lucretta has been a life long

resident of the desert communities. She now has three grown children that are each successfully employed. A few years ago, Lucretta was providing childcare. She became ill and was un-



Lucretta making lunch for seniors at HDMOW.

able to continue working. Her children helped her through this difficult time. In December of 2003 Ms. Cubit enrolled in the FSET program and was assigned to perform community ser-

vice at the Victorville HDMOW site under Lin Stanley. Lucretta is an excellent worker and quickly learned all aspects of providing food service to large crowds of people. Ms. Stanley was so pleased with her performance that she hired Lucretta to work at her site. Lucretta is now self-sufficient, and is no longer enrolled in the FSET program. She says she still learns new things each day. She is looking forward to enrolling in culinary school next year. Lucretta is another living example of how the CAPSBC's FSET program is providing its clients the opportunity to secure and retain meaningful employment. ♥

"Sharing and Caring" 2004

By Naomi Norman, Homeless Coalition Program Specialist II

Thousands of families in the county of San Bernardino face hunger and homelessness on a daily basis. In an effort to assist the homeless through available community resources, Community Action Partnership of San Bernardino County's Homeless Coalition will sponsor the 7th Annual Homeless

Care Faire on November 9, 2004, at the SAC Clinic, 1455 East Third Street, San Bernardino, CA, from 8:00 a.m. - 4:00 p.m. The theme of this year's care faire is "Sharing and Caring" 2004.. This event is a collaborative effort of various local service providers, businesses, community and faith-based organiza-

tions and educational institutions that donated their resources, manpower, services and time to provide a comprehensive assistance to the homeless. Many professionals from various disciplines volunteer to provide services that include basic medical referrals,

(Continued on page 5)

vision exams and eyeglasses, diabetes screening, dental screening, HIV testing, flu shots, employment assistance, ID cards and haircuts. The participants will also be given a bag of goodies with new clothing, hygiene products, blankets, and will be served with breakfast and lunch. A total of 1,972 clients were served last year and over 2,000 is expected to participate in this event. CAPSBC would like to acknowledge the following partners and supporters:

First 5 San Bernardino, Loma Linda University Medical Center, Redlands



Homeless receiving eye glasses at CAPSBC Homeless Care Faire

Community Hospital, Salvation Army, Employment Development Department, San Manuel Band of Indians, Kaiser Permanente, Social Action Health Clinic, Community and Faith Based organizations, Colleges Schools, and so many wonderful volunteers! If you would like to be apart of this endeavor to provide a service at this event, contact the CAPSBC, Homeless Coalition at (909) 891-3884, (909) 8913863 or by e-mail nnorman@capsbc.sbcounty.gov ♥

Summer Camp 2004 at Camp Nawakwa

By Michael Bautista, Family Development Specialist

Community Action Partnership of San Bernardino County (CAPSBC), along with Camp Fire USA, The Los Angeles Times Summer Camp Fund and Children's Fund, held its annual Summer Camp Program. At Camp Nawakwa in Angelus Oaks, California from August 22 through August 26, 2004. The summer camp program is offered by CAPSBC for low-income and homeless children that have never experienced summer camp. Forty-one children from San Bernardino County participated in this year's event. Children were provided sleeping bags, backpacks, flashlights and hygiene items for their stay at Camp Nawakwa donated by CAPSBC. The children spent five days

and four nights in cabins at the camp and participated in familiar summer camp activities including: archery, hiking, rock climbing, fishing, swimming, crafts and campfire singing. There was also a "50's" dance on their last night at camp where the children dressed up in 50's style outfits. Many of the children enjoyed the craft activities that were offered. They actually carved and decorated wooden flutes during one activity. Many of the children proudly displayed their finished wooden flutes to their parents as they exited the bus after arriving back in San Bernardino. For the majority of the children, summer camp was their first experience away from home. As in years past,

on the trip back to San Bernardino most of them could be heard saying, "I can't wait till next year for camp." This year's summer camp was very successful, and to the children it was an experience they will always treasure. ♥



Children's arrival at Camp Nawakwa

Weatherization Day 2004

By Gloria Maree, Weatherization Clerk III

The Department of Energy (DOE) recently announced that October 30, 2004 would be known nationally as "Weatherization Day 2004." The dedication of this day celebrates the wonderful accomplishments of the excellent federal, state and local partnership. This program has helped thousands of needy families to conserve energy and reduce their energy costs for heating, cooling and electricity. Soon most families across the San Bernardino County will be turning up their thermostats to combat dropping temperatures. For low-income families, however,

cranking up the heat is not always an option. These families pay 14% or more

of their annual incomes for energy compared with only 3.5% for other non low-income families. Since the creation of Community Action Partnership of San Bernardino County's (CAPSBC) Weatherization and Energy Conservation Program in 1978, approximately 100,000 homes have been weatherized across San Bernardino County. These households save an average of \$218 at current prices annually on their energy bills after the weatherization work is completed. The dollar savings alone makes a big difference for the families. In addition, Weatherization makes the home warmer and safer. As part of the celebration, CAPSBC's Weatherization Program will receive a resolution from the San Bernardino County Board of Supervisors that officially recognizes October 30 as Weatherization Day 2004 in San Bernardino County. A series of events has been put together to bring to light the expertise and commitment of the Weatherization staff.

On October 5, 2004, Darryl Johnson, Program Supervisor appeared on KCSB-Channel 3 and talked about the various ser-



Weatherization Crew installing new water heater

vices provided by our Weatherization Program as well as some tips on energy conservation. A site demonstration on how a house is weatherized has also been scheduled with media representatives to create awareness on our services. On October 29, 2004 a Staff Recognition Event will be conducted to recognize Weatherization staff for their dedication and service to the community. Every day in every community, Weatherization crewmembers are hard at work in the homes of truly needy families making a difference in their lives. ♥



Family interviewed by reporter

A Brief History of Food Banking

By Herman Pena, Program Manager II

Before there were food banks, excess food was discarded into dumpsters headed for the sanitary landfills across the country and billions of tons of good edible food were bulldozed between layers of dirt as waste. Then in 1967, some extraordinary things happened. John Van Hengel who was an unemployed volunteer for a soup kitchen in Phoenix, Arizona to pick donated citrus from homeowners' trees and hand the fruit to charity missions. St. Mary's Church let him use an abandoned bakery for storage and the parish council chipped in \$3,000 for a telephone and utilities. Shortly thereafter, John was in-



Community member assisted with food.

troduced to a homeless Latina grandmother who was feeding ten children from food that she was salvaging from a dumpster. John also observed that a lot of other stores were throwing away good food. One day while he was talking to the grandmother, who was so inspired by his hard work at the soup kitchen and his citrus fruit giveaway program, she drew a cartoon of a building where food was being deposited and happy faces were making withdrawals. She told him that they had built a bank of food! John liked the idea and said, "That's it, we'll call this place St. Mary's Food Bank". Thus, the first food bank was born and with the help of volunteers, 250,000 pounds of salvaged food was collected and distributed to the poor the first year. Today, St. Mary's Food Bank is one of the largest and the oldest food bank in the world and provides 25 million pounds of food to the needy annually. The concept of food banking caught on quickly and now there's thousands of food banks throughout the world feeding millions of people.

The Community Action Partnership of San Bernardino County (CAPSBC) Food Bank was established in 1984 with the goal of reducing hunger, malnutrition



Food Banks helping local communities.

and improving the diets of San Bernardino County's low-income population. The food distributions that we conduct supplement the diets of well over 270,000 households annually and further supplements food for 20 Soup Kitchens that serve over 540,000 meals to the needy. Yes, food banking was a great leap forward in the war against hunger and the "war on poverty". Thank you, Mr. Henguel for a great idea! ♥

CAPSBC Strategic Planning: Update

In preparation for the CAPSBC Strategic Planning retreat scheduled on November 4 -5, 2004, several pre-retreat activities have been conducted to explore each program and division of the agency and accomplishments, areas for improvement, opportunities and challenges for growth through interviews, reflection and full staff involvement. The following are the pre-retreat activities:

Program/Division Level Strategic Mapping Session (All CAPSBC Staff)

This is an opportunity for all staff to be directly involved in the strategic mapping process. Each Program Manager will hold a program/division level Strategic Mapping Session to collect feedback and input from staff at all levels of the organization. A mini-Go-Around session or a one-on-one is recommended to optimize staff participation.

Conducting Interviews of Key People (3 interviews per program/division)

Key staff will conduct interviews of people who are highly relevant to their part of program or division to obtain feedback on staff, organizational performance, and thoughts about trends and identification of growth opportunities. Some people who should be interviewed include funders, clients, donors, state and local legislators, volunteers, colleagues, and partner agencies.

Completion of an Annual Reflection Report (To be completed by all Program/Division Managers)

After the interviews are completed, the Annual Reflection Report will be prepared for the retreat. This tool will help staff look at and evaluate the past year and use data from the interviews and the program/division level sessions to respond more deeply and comprehensively to the questions.

Preparation of the Executive Director's State-of-the-Agency Address

The Executive Director will prepare a presentation for the retreat. The address will include some of the agency's most significant accomplishments over the past few years, areas of lesser effectiveness, major trends impacting or will likely impact the agency, opportunities for growth, and givens for continued development. Input for the address will be gathered from the information to be provided by Program Managers.

Thirty-five participants composed of CAPSBC Board members, management and staff, and representatives of the Strategic Planning Advisory Committee (SPAC) will be attending the retreat. The retreat will include discussions in defining who we are; where we are now, and where do we want to go. ♥



IDA Participants and Facilitators

(Building Assets for Low-Income ... Continued from page 1)
to save 12 consecutive months.

On August 18, CAPSBC held its first IDA orientation, attendees included college students, a teacher, program managers, a bank employee and clerical workers. What they all had in common was the interest in the IDA program. They came with dreams of a home or business ownership, some wanted to complete their education. To date 62 San Bernardino County residents have requested information regarding Community Action Partnership of San Bernardino County's new innovative savings incentive program, 18 have completed applications and are in the process of having their eligibility verified. The IEIDA program is supported by *Citibank* and *Diocese of San Bernardino* and has developed strong partnerships with *Washington Mutual*, *Inland Empire Women's Business Center*, *Jobs Employment Services Department*, *Ecclesia Christian Fellowship* and *New Hope Missionary Baptist Church*. *Citibank* and *Washington Mutual* will also be the depository for participant's IDA savings account. ♥

(Children Learn History... Continued from page 1)

rary tolerance of other's beliefs. The children also had the opportunity to view relics from World War II that included Death Camp Bunk Beds and uniforms; read original letters from Anne Frank while she was living in Nazi occupied Amsterdam; Speak with Holocaust survivors and hear their very personal recollections of survival at the death camps in Poland.

The children came away from this experience with a greater understanding of learning from history's examples of intolerance and its effect through the world. Overall the children's experience was beneficial by participating in this thought provoking and educational experience. The children also enjoyed a generous donation of lunch provided by Kraft Foods.

Two more Learning Excursion Field Trips are in the planning stages. The San Bernardino County Calico Ghost Town and the San Bernardino County Museum are destinations that are being considered for the children to attend. Another exciting experience for the children to look forward to ! ♥



Bus ride from Los Angeles.

Employee of the Quarter

Ana Callicott has been with the Community Action Partnership of San Bernardino for more than 27 years. Ana started as a cook at the Methodist Church Hall in Yucca Valley. Since then she has mastered the essentials of food service and meal preparation. When the new Yucca Valley Senior Center was opened in 1982, Ana was given the site operation. In 1986 the Yucca Valley Site became the central kitchen the production of dried meals daily for along with the Yucca Valley Senior Center. Aside from performing her administrative duties, Ana also helps in packing and delivering homebound meals when needed, supervises all Desert Food Service Delivery Persons and handles Desert Vehicle Operations. To this day, Ana continues to cheerfully perform her duties and puts her best efforts into every task no how matter how small or how big. Ana is admired and respected by the seniors she serves, and all NFS employees and volunteers who work with her. She is a role model, who has repeatedly and consistently demonstrated the unique qualities of an outstanding employee. In 1993, Ms. Callicott was recognized as CAPSBC's Outstanding Employee. Ana we are so honored and proud that you are a member of the CAPSBC family! ♥



Congratulations and may we have more of your kind!

Tidbits

Customer Service



Be there: Answer the phone within three rings; give your name; avoid sounding busy or rushed. Remember customers want to feel special

Show understanding: To keep a new relationship, demonstrate you understand the customer. Take notes and listen for clues in their voice. Follow with a clear summary of what the customer has stated.

Be courteous to customers: We cannot be self-centered, or too focused on our work. Be kind to the customers verbally and non-verbally i.e. smile

Manage your image: Anyone representing the agency will add to the image. Perform for customer; get job done right

Follow-up and feedback: Follow up with the customers to ensure their needs were met. Ask for feedback from the customers'

Say Thank you: Say it everywhere to customers, staff, on invoices.

Learn and Grow in your job: Learn more about the services offer within the agency. Remember customer like to deal with people who are well informed and know what they are doing. Managers should encourage their employees to keep learning and getting better at their job.

Remember, CAPSBC strives to provide excellent customer service to all its clients. They are the reason we exist.

Thought for the Day

"Work is love made visible. If you cannot work with love but only distaste, it is better you should leave your work and sit at the gate of the temple and takes alms of those who work with joy." -Kahlil Gibran

Announcements

Volunteers are needed in the Nutrition for Seniors Program. Assistance is needed with food preparation, packing meals and clean up. If interested, please call (909) 891-3936.

Monetary donations are needed in the Nutrition for Seniors Program. These donations will go towards the quality of food that is served and delivered to senior participants. For mailing information, please call (909) 891-3936.

Welcome to all new CAPSBC employees!

Anna Harris

Charles James

Carrie Mathews

Sharon Polland

Nancy Alexander

Roger Willhite

Monica Isles

Shannon O'Brien

Tyree Hale

Charles Washington

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Rowena Concepcion & Yahara Quezada*

Calendar of Events

October:

October 4 & 18 – FDP Springboard Class

October 21 – NFS Project Council Meeting

Wonder Valley

October 30 – Weatherization Day

November:

November 1, 15 & 29 – FDP Springboard Class

November 5 – Heap Workshop Mt. Meadow

Senior Apts. Big Bear Lake

November 6 – Heap Workshop Colton Senior

Health & Information Festival

November 9 – Homeless Care Faire

November 18 – NFS Project Council Meeting

Hutton Center

November 19 & 29 – Heap Workshop Palms

Senior Center

December:

December 6 & 20 – FDP Springboard Class

December 11 – Third Annual Children's

Christmas Party Apple Valley

December 15 – Children's Christmas Party

San Bernardino

December 16 – NFS Project Council Meeting

Joshua Tree

Every Monday: Heap Workshops

Employment Service Department

15980 Main St, Hesperia

Del Rosa Family Learning Center

Every 2nd or 3rd Wednesday: Heap Workshops

Luque Center Senior Nutrition Site-Colton, CA



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The Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.